



Easy Fruit Salad



Prep: 15 Min Total: 30 Min Calories: 1 Cup Serving 140 Calories

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Ingredients

- 1 package Strawberries
- 2 bananas
- Sliced Pineapple
- Seedless Grapes
- 1 package Blueberries
- 1/4 Cup Orange Juice
- 1/4 Cup Honey



1. Wash Fruit

Make sure you wash all the fruit you would like to add to your delicious fruit salad.



2. Hull & Slice Strawberries

It's important to remove the stem of your strawberries! Cut off the top of the strawberries, then slice into smaller pieces.



3. Cut Up Pineapple

Cut up your chunked pineapple into smaller chunks.

Watch Along

To watch how to make this yummy meal, check us out on YouTube!



4. Pluck Grapes

Take all your grapes off the vine; make sure to remove all stems! If you'd like them to be smaller, you can cut them in half or in quarters.



5. Add Blueberries

Go through your blueberries to make sure there aren't any stems. Add into the bowl.



6. Prepare Bananas

Take the peel off your bananas, cut off the top and bottom of the fruit, then slice into quarter sized pieces.

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We'd love to see what you create! Share pictures of your meal!



7. Make Sauce

In a separate bowl, combine Orange Juice & Honey. Stir to combine. Add to fruit & stir.



8. Refrigerate & Enjoy!

Place salad in the refrigerator for a few hours so all the juices marry together. Enjoy with your friends and family!



Switch it up!

Another yummy option is to use almost any other fruit; raspberries, kiwis, melons and more! You can also use different citrus juices for the sauce!

